



**CAB Quarterly Meeting
April 21, 2015**

Next Meeting: July 21, 2015
Green Gables 4th Floor Conference Room

Updates from the CAB

- Dianne: NFP is in contact with March of Dimes to discuss a collaboration/partnership.

Updates from MCDPH NFP and SWHD NFP

- The grant request for Phoenix South, Phoenix North has been submitted to FTF for both MCDPH and SWHD NFP. SWHD NFP also submitted a grant request for Northwest Maricopa. Decisions should take place in June 2015.
- The president of the National Service Office visited Arizona and had an opportunity to go on home visits with MCDPH NFP.
- Both teams are working with MIEHV on continuous quality improvement/the Plan, Do, Study, Act process and are targeting client retention. SWHD CQI teams are also focusing on subsequent pregnancies.
- MIECHV funding has been extended for two years.
- The 7th NFP graduation is scheduled for April 25th at the Washington Activity Center, 6655 N 23rd Avenue. There will be 38 graduates this time!
- Our graduation ceremony is growing and we are welcoming ideas for other graduation venues that can accommodate larger groups. Currently, Washington Activity Center charges a fee if it is not a public event. We would prefer venues that are at no cost to the programs. Nicole suggested Pilgrims Rest Church as a possible option.
- Both programs are continuing efforts to expand in the West region. The outreach teams have reached out to several locations for example MIHS, Community Family Learning Center, neighborhood “Mom and Pop” markets and radio stations. Gabriela offered to do outreach at Desert Valley and Estrella Women’s Centers.
- SWHD is recruiting nurses for a split position between North and Central and a nurse for the West region. There is also a part-time Administrative Assistant position open at this time.

NFP in Action: Emotional Refueling

- Anna presented a Partners in Parenting Education (PIPE) activity. Emotional Refueling, which is often used with our families. Anna and Sharon, a Nurse Home Visitor, explained how this activity helps families understand the importance of self-care when caring for one’s family.

Action Plan Review

- Denise reviewed the results of the survey the nurses completed for Continuing Education Topics. The top 10 for MCDPH & SWHD Nurse Home Visitors, with clarifications and CAB recommendations included.
 1. **Legal Assistance:** Nurses are looking for information/free services for clients about Order of Protection, paternity, immigration, child support, child custody. Dr. Vital knows a paralegal that may be able to provide some direction.
 2. **Other Community Resources:** Nicole to check with Karma, her outreach coordinator. Lindsay Dietz will coordinate a meeting with Karma and Lisa Norman.
 3. **Mandatory Reporting:** Nurses are requesting more specific guidelines related to reporting of younger pregnant teens. MCDPH to share algorithm.
 4. **Job Training:** Where to send them for resume assistance, interview preparation and professional clothing. CAB members suggested St. Vincent de Paul and Fresh Start.
 5. **Vital Statistics:** Birth certificates/ Referrals to resources.
 6. **Mental Health:** Nicole reported that she provides a training on Trauma and Parenting and that she is willing to offer her training to NFP.
 7. **GED:** Resources/ program scholarships
 8. **Role of Fathers:** Clarifying the role of fathers and support groups available. Anna will contact Father Matters for guidance – Vance and/or Education Specialist.
 9. **Serving Adolescent Clients:** Strong Families – Understanding the Teen Brain, goal setting.
 10. **Emergency Services:** Housing/rent, food, utilities

At this time, the above list will be narrowed down to 1-2 topics. An email will be sent to all CAB members so that they may contribute their ideas.

Community Advisory Board By-Laws

- Revised By-Laws were reviewed.
- Additional revisions were suggested, which will be made and sent to everyone.
- CAB member participation was discussed and how the CAB plans to handle the issue of members who miss multiple meetings. Because there are Board Members that are vital to our CAB and who may not be able to attend due to their scheduling demands, it was suggested that these members be moved to a consultative role rather than an active role. Those members present agreed.

NFP Marketing Strategies

- Work is being done to coordinate Public Service Announcements with radio, TV and printed ads.
- Other marketing options that have been suggested are bus wraps and mailers.
- The MCDPH and SWHD management teams will meet to develop a strategic marketing plan.